

SALADS & SANDWICHES

STARTERS

BLACK & TAN	ONION RINGS
1	

(1420 Calories) Grain Mustard Cheese Sauce

SPINACH & ARTICHOKE DIP

(2300 Calories)

Served Warm with Corn Chips, Kettle Chips and Naan Bread

CRISPY CHICKEN TENDERS

(1480 Calories) Served with Fresh Cut Fries & Plum Sauce



BERT'S BUFFALO WINGS

Add Guacamole (200 Calories)

(1270 Calories) BBQ, Medium, Hot or Honey Garlic Served with Carrot & Celery Sticks, Buttermilk Ranch Dip

SENS SUPER NACHO STAK 20 (1760 Calories) Red, Black, & Gold Chips, Jack & Cheddar Cheeses, Mexican Beans, Salsa, Sour Cream Add Chicken (200 Calories) 6

POUTINE 14 (1340 Calories) Fresh Cut Fries, Cheese Curds, Gravy Add Smoked Meat 2 Add Candied Bacon

Sandwiches served with Fresh Cut Fries or Garden Salad

BABY KALE CHICKEN CAESAR

18

(710 Calories)

14

16

16

2

Baby Kale, Romaine, House Dressing, Crispy Bacon, Seasoned Chicken, Croutons & Parmesan

SOUTHWESTERN VEGETABLE SALAD

18

(650 Calories)

Marinated Vegetables, Black Beans, Roasted Corn, Iceberg Lettuce, Crumbled Goat Cheese, Pepita & a Lemon Vinaigrette

PEAMEAL B.L.A.T. ON A BUN

16

(1650 Calories)

Peameal Bacon, Shredded Lettuce, Avocado, Tomato, Cheddar Cheese & Baconnaise

MONTREAL SMOKED MEAT SANDWICH

16

(1275 Calories)

Montreal Brisket, Rye Bread & Dill Pickle



BUFFALO CHICKEN RANCH WRAP

17

(1520 Calories)

Sliced Crispy Buffalo Chicken, Shredded Lettuce, Tomato, Jack Cheese, Bacon, Ranch Mayo In a Tomato Tortilla

NORTH OF PHILLY CHEESESTEAK

20

(1510 Calories)

Shaved Alberta Beef, Cheddar Cheese Sauce, Caramelized Onions & Fried Cheese Curds Served on a Roll

Our menu features Hand-Cut French Fries made fresh every day and cooked in trans-fat free canola oil.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

Consuming raw or undercooked Meats, Poultry, Seafood, Shellfish, or Eggs may increase your risk of foodborne illness.

CRAFT BURGERS

Served with Fresh Cut Fries or Garden Salad

THE CLASSIC

(1390 calories)

Custom Grind, Cheddar Cheese, Lettuce, Tomato & Dill Pickle

SILK RD. SPICED VEGGIE

(1420 calories)

House Made, with Roasted Chickpeas, Cumin, Coriander, Garlic, Lemon, Tahini, Red Pepper Hummus & Tomato

>> SHROOMS & SWISS 18

(1280 Calories)

Custom Grind, Sautéed Mushrooms, Swiss Cheese, Lettuce & Tomato



WHISKEY BACON CHEDDAR

(1540 Calories)

Custom Grind, Cheddar Cheese, Sweet Red Onion Relish, Bacon & Whiskey BBQ Sauce

At Bert's Bar, our hand crafted burgers are made fresh daily. We pride ourselves on serving only the freshest beef, our 100% AAA Canadian Angus is made to our specifications and it is always fresh, never frozen.

PIZZA & FLATBREADS

BERT'S FAVOURITE PIZZA

(1450 Calories)

16

19

Signature Pizza Sauce, Tomatoes, Pepperoni, Mushrooms, Green Peppers & Mozzarella

THE CARNIVORE PIZZA

20

(1390 Calories)

Signature Pizza Sauce, Bacon, Pepperoni, Ground Beef & Mozzarella

BERT'S HAWAIIAN PIZZA

18

(1250 Calories)

Signature Pizza Sauce, Peameal Bacon, Diced Pineapple & Mozzarella

CHICKEN MARGHERITA FLATBREAD

(1100 Calories)

Chicken, Tomato, Pesto, Garlic Oil, Mozzarella & Parmesan

SPINACH & ARTICHOKE FLATBREAD

18

(1300 Calories)

Spinach & Artichoke Spread, Roasted Grape Tomatoes, Mozzarella & Asiago

MEDITERRANEAN PESTO FLATBREAD

18

(1130 calories)

Baby Spinach, Zucchini, Red Onion, Bruschetta Tomatoes, Pesto & Bell Peppers, Topped with our Mozzarella - Feta Blend

Our Pizzas are made using the freshest of ingredients

JR. SENS MENU

Children 10 and under

All Jr. SENS meals include; Soft drink 124 – 210 cal/serving, Juice 110 – 220 cal/serving, or Milk 109 cal/serving

PINT SIZE POUTINE

POGO 10

10

(670 calories)

Fresh Cut Fries, Cheese Curds, Gravy

(740 calories) Served with Fresh Cut Fries

JUNIOR SENS BURGER

10

(507 calories)

Served with Fresh Cut Fries

CHICKEN TENDERS 10 (1110 calories)

Served with Plum Sauce & Fresh Cut Fries

SWEETS & BEVERAGES

SWEETS		ADDIE ODUMBIE DIZZA		
VERY BERRY CHEESECAKE (380 Calories) Gluten Free	12	APPLE CRUMBLE PIZZA (550 Calories) Caramelized Apples, Brown Sugar Streusel,		9
BIG BROWNIE STAK (1060 calories)	9	Salted Caramel Sauce & Icing Drizzle		
Served with French Vanilla Ice Cream & Caramel				
ICE COLD BEERS (140-250 Calories)			4	
DOMESTIC DRAUGHT (20oz) Canadian, Coors Light	9.96	COCKTAILS (10z)		
PREMIUM DRAUGHT (20oz) Rickard's Red, Creemore	11.28	(150-256 Calories) SLAP SHOT CAESAR		9.29
Canadian, Coors Light, Coors Banquet, MGD	9.51	Vodka, Clamato Juice, Tabasco Sauce, Worcestershire Sauce & Spices		3.23
PREMIUM TALL BOY Creemore, Granville Island Pale Ale, Hops & Bolts, Rickard's Radler, Molson Canadian Cider	10.40	BERT'S RUM PUNCH Amber Rum, Pineapple Juice & Grenadine		9.29
IMPORT TALL BOY Heineken	10.84	BAHAMA MAMA Coconut Rum and Tropical Juices		9.29
IMPORT BOTTLE Sol	7.97	BERT'S FAMOUS FROZEN DAIQUIRI Amber Rum Blended with Your Choice of Fresh Bananas or Strawberries		9.29
NON-ALCOHOLIC		TEQUILA SUNRISE Tequila, Orange Juice & Grenadine		9.29
(0-230 Calories) SOFT DRINKS	3.98	GINGERBERRY Vodka, Ginger ale, Cranberry & A Splash of Lime		9.29
Coca-Cola, Diet Coke, Sprite, Ginger Ale, Nestea & Ro VIRGIN COCKTAILS	ot Beer 4.43	CARIBE COSMO Rum, Triple sec, Cranberry & Lime		9.29
COFFEE OR TEA JUICE MONSTER ENERGY BOTTLE WATER	2.66 4.50 6.42 4.43	ISLAND GIRL Coconut Rum, Blue Curacao, Orange Juice, Pineapple Juice & Sprite		9.29
LIQUOR		WINE (150-246 Calories)	6oz	9oz
BAR RAIL (1oz) (64-150 Calories)	8.63	ENIGMA CABERNET SAUVIGNON BAREFOOT PINOT GRIGIO		13.28 13.28
Rye, Rum, Vodka, Gin, and Scotch SMIRNOFF ICE TALL BOY	10.84	APOTHIC RED	11.50	
(176 Calories)	10.04	WHITEHAVEN MARLBOROUGH SAUVIGNON BLANC	11.50	17.26