



 **CHEK POINT** 
SPORTCHEK



CHEK BOWLS

tempura shrimp bowl

20 | 700 calories

rice salad, chilled edamame salsa,
house pickled cucumber

blueberry bbq chicken bowl

19 | 800 calories

rice salad, kentucky slaw,
house pickled cucumbers

the veg.

19 | 650 calories

quinoas and pecan salad, house dilled pickled cucumber, sweet potato and pumpkin salad,
topped with caramelized onions, guacamole, and sauté black beans



FAN FAIR

golden palace egg rolls

14.75 | 230 calories

signature plum sauce

classic chicken wings

18.75 | 1270 calories

bbq, medium, hot, or honey garlic
carrot & celery stix, buttermilk ranch dip

Pinty's crispy chicken tenders

16.75 | 1480 calories

plum sauce, fresh cut fries

signature pub style fish & chips

22.50 | 1320 calories

battered haddock loin, tartar sauce,
lemon, fresh cut fries

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CRAFT BURGERS

our hand crafted burgers are made with our 100% AAA Canadian angus to our specifications and it is always fresh, never frozen. sandwiches served with fresh cut fries (980 cals) or garden salad (300 cals),

extras: sweet fries (980 cals) or kettle chips (390 cals)
\$3.50

chek point burger 19.50 | 1480 calories
fresh grilled pattie, st albert aged cheddar, clipped greens, fire seared onions, vine tomatoes & drizzled with our signature chek-sauce

beyond beef veggie burger 17.00 | 1630 calories
plant based vegetable burger, fresh avocado, red onion & tomato relish

the meat brawler 20.50 | 2000 calories
in house smashed meatball, crispy pepperoni, provolone cheese, clipped greens, served on a garlic toasted brioche & drizzled with a tangy tomato sauce.

the keto one 21.50 | 2200 calories
two fresh grilled patties, crisp bacon slices, house guacamole, served on a bed of clipped greens & topped with a spicy creamy slaw



the sen's dog 18.00 | 1450 calories
butter seared foot-long hotdog, hot pepper pickle chop, sharp cheddar, smashed kettles, served on a toasted bun & drizzled with our signature chek-sauce

the fried pickle jar chicken sandwich
19.00 | 1800 calories
fresh pickle brined fried chicken thigh, grilled brioche bun, dill aioli & clipped greens.

If you have dietary concerns
please notify your server



LITTLE SENS FAN

children 10 and under
includes choice of:
soft drink (124 - 210 cals/serving),
juice (110 - 220 cals/serving),
or milk (109 cals/serving)

cheddar cheese dog
9.00 | 1070 cals
fresh cut fries

Pinty's chicken tenders
10.00 | 1110 cals
plum sauce, fresh cut fries



SWEET

dessert poutine
9.00 | 480 cals
funnel cake fries, vanilla bean ice cream, salted caramel drizzle

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

*Consuming raw or undercooked meats. Poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.



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