

FOOD MENU



## SHAREABLES

## **SPINACH & ARTICHOKE DIP**

15.50 | 2300 Calories Carrot Sticks, Celery Sticks, Kettle Chips

## **DEEP FRIED ZUCCHINI STICKS**

14.25 | 1280 Calories Ranch Dipping Sauce

## **PINTY'S CRISPY CHICKEN TENDERS**

16.75 | 1480 Calories Plum Sauce – Fresh Cut Fries

## **BERT'S WINGS**

18.75 | 1270 Calories BBQ, Medium, Hot, or Honey Garlic Carrot & Celery Stix, Buttermilk Ranch Dip

#### **SENS NACHO**

14.25 | 1760 Calories Serves 1-2 people Red, Black, & Gold Chips, Jack & Cheddar Cheeses, Mexican Beans, Salsa, Sour Cream, Guacamole Add Chicken \$6.25 | 280 Calories

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

\*Consuming raw or undercooked meats.

Poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.



All of our pizzas are Hand Stretched, using Caputo 00 Flour for our Dough, giving you the perfect Blistered Crust

## **BERT'S FAVOURITE PIZZA**

18.75 | 1450 calories
San Marzano Tomato Sauce, Crisp Pepperoni,
Fire Roasted Mushrooms, Sautéed Bell Peppers,
Mozzarella, and Cold Pressed Olive Oil
Add Chicken \$6.25 (Calories 280)

## **PIZZA MARGHERITA**

18.50 | 1100 Calories San Marzano Tomatoes, Fresh Basil, Buffalo Mozzarella, Parmigiano Reggiano and Cold Pressed Olive Oil Add Chicken \$6.25 (Calories 280)

#### **MEAT LOVER'S PIZZA**

20.75 | 1390 Calories San Marzano Tomato Sauce, Hickory Smoked Bacon, Crisp Pepperoni, Fire Roasted Sausage, Mozzarella and Cold Pressed Olive Oil

#### **CHEF'S SPECIAL**

20.75

Ask your server for today's Chef Inspired FireStone Pizza



## BERT'S FAVOURITES

Sandwiches served with Fries (980 Calories) or Garden Salad (300 Calories), Sweet Fries \$3.50 (980 Calories), Caesar Salad \$4 (440 Calories), or Poutine \$5 (670 Calories)

## THE ORIGINAL POUTINE

14.75 | 1340 Calories Fresh Cut Fries, St. Albert Cheese Curds, Gravy Add Smoked Meat \$3 | 200 Calories Add Smokey Bacon \$3 | 630 Calories

## **CLASSIC CAESAR**

17.75 | 1275 Calories

16.50 | 710 Calories Fresh Chopped Romaine, Creamy Caesar Dressing, Crispy Bacon, House Baked Croutons, Parmagiano Reggiano Add Chicken \$6.25 | 280 Calories

## **BERTS SIGNATURE HOUSE SALAD**

17.00 | 930 Calories Fresh Clipped Greens, Sundried Craisins, Candied Walnuts, Crumbled Goats Cheese, Balsamic Dressing and Mini Pita Add Chicken \$6.25 | 280 Calories

## MONTREAL SMOKED MEAT SANDWICH

Montreal Beef Brisket, Grainy Mustard, Dill Pickles Served on Fresh Rye Bread Make it a Reuben Add 3.00 | 1650 Calories Montreal Beef Brisket, Swiss Cheese, Sauerkraut, Grainy Mustard served on Fresh Rye Bread

## **BUFFALO CHICKEN WRAP**

17.75 1520 Calories Sliced Crispy Buffalo Chicken, Shredded Lettuce, Tomato, Jack Cheese and Bacon, Ranch Mayo, Tomato Tortilla

#### **BERT'S CLUB SANDWICH**

18.25 | 1140 Calories Chicken Breast, Scorched Pepper Mayo, Lettuce, Vine Ripe Tomato's, Crisp Bacon, Served on Fresh Rye Bread

## **VEGGIE WRAP**

16.75 | 1240 Calories Fire Seared Zucchini, Peppers, Grilled Onions, Goat Cheese Tossed in Pesto & Drizzled with Balsamic Reduction

## THE CLASSIC BERT'S BURGER

19.50 | 1390 calories Fresh Angus Pattie, Aged Cheddar, Crisp Lettuce, Vine Ripe Tomato, Sliced Onion & Dill Pickle Add Bacon \$3 | 75 Calories 75 Add Mushrooms & Swiss \$3 | 402 Calories



## SWEETS

## **MARGARITA CHURROS**

10.25 | 580 Calories Cinnamon Sugar, Lime

## **BIG BROWNIE SUNDAE**

10.25 | 1060 Calories French Vanilla Ice Cream, Candied Walnuts, Caramel

# JR. SENS MENU

Children 10 and under
All Jr. SENS meals include;
Soft drink 124 – 210 cal/serving, or Juice 110 – 220 cal/serving, or Milk 109 cal/serving

## **JUNIOR SENS BURGER**

10.50 | 507 Calories Fries Extra Toppings ADD \$2.00

## **MINI POGO'S**

10.50 | 700 Calories Fries

## **CHICKEN TENDERS**

10.50 | 1110 calories Fries, Plum Sauce

