



EQUIPMENT FIT GUIDE

SHIN GUARDS

*Sizing based on
A) player's height [in]



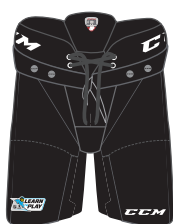
YOUTH JUNIOR

11"
A) 4'4" - 4'8" A) 4'8" - 5'0"

8" 9" 10"
A) 3'4" - 3'8" A) 3'8" - 4'0" A) 4'0" - 4'4"

HOCKEY PANTS

*Sizing based on
A) player's height [in] &
C) waist [in]



YOUTH JUNIOR

Small
A) 4'4" - 4'8"
C) 23" - 25"

Small Medium Large
A) 3'4" - 3'7" A) 3'7" - 4'0" A) 4'0" - 4'4"
C) 20" - 22" C) 21" - 23" C) 22" - 24"

SHOULDER PADS

*Sizing based on
A) player's height [in] &
B) chest [in]



YOUTH JUNIOR

Small Medium
A) 4'0" - 4'8" A) 4'4" - 5'0"
B) 24" - 28" B) 28" - 32"

Medium Large
A) 3'8" - 4'4" A) 4'0" - 4'8"
B) 22" - 26" B) 24" - 28"

ELBOW PADS

*Sizing based on
A) player's height [in]



YOUTH JUNIOR

Small Medium
A) 4'4" - 4'8" A) 4'4" - 5'0"

Medium Large
A) 3'8" - 4'4" A) 4'4" - 4'8"

HOCKEY SOCKS

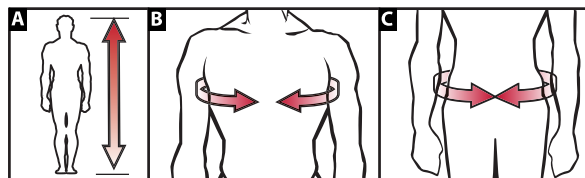
*Sizing based on length
ankle to upper thigh [in]



YOUTH JUNIOR

24"

20"

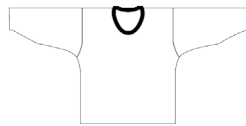




EQUIPMENT FIT GUIDE

JERSEY

*Sizing based on
A) player's height [in]



YOUTH

Small/Medium
A) 4'2" - 4'7"

Large/X-Large
A) 4'11" - 5'4"

HELMET

*Sizing based on D) Head Circumference [in] OR
E) hat size [in]



X-Small
D) 19" - 21"
E) 6 - 6 5/8

Small
D) 20" - 22"
E) 6 3/8 - 7

Medium
D) 21.5" - 23"
E) 6 7/8 - 7 3/8

GLOVES

*Sizing based on
A) height [in]



YOUTH JUNIOR

10"
A) 4'3" - 4'8"

11"
A) 4'7" - 5'0"

8"
A) 3'3" - 4'1"

9"
A) 3'9" - 4'7"

STICKS



*Generally, a player's dominant hand will hold the top end of the stick and this differs with the curve (if right hand is on top, they use a left curve). It is strongly recommended that 4 to 6 year olds use a straight blade stick.

Straight

Left Curve

Right Curve

SKATES

*Recommended to start with a skate 1 size smaller than shoe size (Round up to whole size)



YOUTH JUNIOR

Shoe Size	2	3	4	5
Skate Size	1	2	3	4

Shoe Size	10	11	12	13	Jr. 1
Skate Size	9	10	11	12	13

NOTE: It is recommended that player's get a mouthguard and hockey supporter.